

# CO-CURRICULAR COURSES OFFERED

## CENTRE FOR CO-CURRICULUM AND STUDENT DEVELOPMENT

Course Structure By Component	Uniform and Rescue Unit	Leadership and Community Services	Art and Culture	Sports and Recreation	Business, Agrotech and Technology	Marital Arts
<b>University Core Course (Hour)</b>	<b>Reserved Officers Training Unit</b>  <b>ED10101</b> PALAPES DARAT I <b>ED10201</b> PALAPES DARAT II <b>ED20301</b> PALAPES DARAT III <b>ED20401</b> PALAPES DARAT IV <b>ED30501</b> PALAPES DARAT V <b>ED30601</b> PALAPES DARAT VI  <b>Reserved Officers Training Unit (AIRFORCE) *</b>  <b>EU10101</b> PALAPES UDARA I <b>EU10201</b> PALAPES UDARA II <b>EU20301</b> PALAPES UDARA III <b>EU20401</b> PALAPES UDARA IV <b>EU30501</b> PALAPES UDARA V <b>EU30601</b> PALAPES UDARA VI  <b>Voluntary Police Unit</b>  <b>EP10101</b> SUKSIS I <b>EP10201</b> SUKSIS II <b>EP20301</b> SUKSIS III <b>EP20401</b> SUKSIS IV <b>EP30501</b> SUKSIS V <b>EP30601</b> SUKSIS VI  <b>UMS SELF-MOTIVATIONAL COURSE (UMS SEJATI)</b>  <b>EJ11101</b> Bencana Alam I <b>EJ11201</b> Bencana Alam II <b>EJ21301</b> Bencana Alam III <b>EJ12101</b> Bomba & Penyelamat I <b>EJ12201</b> Bomba & Penyelamat II <b>EJ22301</b> Bomba & Penyelamat III <b>EJ13101</b> Paramedik I <b>EJ13201</b> Paramedik II <b>EJ23301</b> Paramedik III <b>EJ14101</b> Kembara I <b>EJ14201</b> Kembara II <b>EJ24301</b> Kembara III <b>EJ15101</b> Brassband I	<b>EK 00103</b> Institutional and Communal Interaction (INTERIM)  <b>EK 00203</b> Student Organisation and Management  <b>EK 00303</b> Leadership and Motivation  <b>EK 00403</b> Mosque Management  <b>EK 00503</b> Health Promotion (Only for Medical Students)  <b>EK 00603</b> Orator Arts Skill  <b>EK 00703</b> Public Speaking/Elocution  <b>EK 00803</b> Survivor  <b>EK 00903</b> Debate  <b>EK 01003</b> Curriculum Management and Administration	<b>EA 00103</b> Angklung <b>EA 00203</b> Choir <b>EA 00303</b> Kompang Ensemble <b>EA 00403</b> Theatrical Performance <b>EA 00503</b> Painting <b>EA 00603</b> Tradisional Music <b>EA 00703</b> Modern Music <b>EA 00803</b> Contemporary Nasyid <b>EA 00903</b> Traditional Nasyid <b>EA 01003</b> Introduction to the Screenplay <b>EA 01103</b> Script writing for Dramas <b>EA 01203</b> Gamelan Ensemble <b>EA 01303</b> Sculpture <b>EA 01403</b> Batik Painting <b>EA 01503</b> Court Dances <b>EA 01603</b> Folk Dances <b>EA 01703</b> Sabah Dances <b>EA 01803</b> The Art of Khat <b>EA 01903</b> Stage Design <b>EA 02003</b> Bamboo Instrument Making	<b>ES 00103</b> Badminton <b>ES 00203</b> Netball <b>ES 00303</b> Basketball <b>ES 00403</b> Soccer <b>ES 00503</b> Volleyball <b>ES 00603</b> Ten-Pin Bowling <b>ES 00703</b> Lawn Bowling <b>ES 00803</b> Equestrian <b>ES 00903</b> Golf <b>ES 01003</b> Hockey <b>ES 01103</b> Archery <b>ES 01203</b> Swimming <b>ES 01303</b> Scuba Diving <b>ES 01403</b> Aerobics <b>ES 01503</b> Fencing <b>ES 01603</b> Sepak Takraw <b>ES 01703</b> Squash <b>ES 01803</b> Softball <b>ES 01903</b> Cycling <b>ES 02003</b> Canoeing <b>ES 02103</b> Boat Sport <b>ES 02203</b> Rugby <b>ES 02303</b> Tennis <b>ES 02403</b> Table Tennis <b>ES 02503</b> Sailing	<b>EB 00103</b> Agro Project <b>EB 00203</b> Food Science Project <b>EB 00303</b> Electronic Maintenance <b>EB 00403</b> Computer & Network Maintenance <b>EB 00503</b> Basic Gardening & Landscaping <b>EB 00603</b> Information Searching Skill <b>EB 00703</b> Introduction to Camera <b>EB 00803</b> Horticulture <b>EB 00903</b> The Art of Animation <b>EB 01003</b> Computer Assembly <b>EB 01103</b> Manufacture Using Fiber Glass <b>EB 01203</b> Hydroponics Technology <b>EB 01303</b> Basic Auto Mechanics <b>EB 01403</b> SIFE (Student In Free Enterprise) <b>EB 01503</b> Robocon	<b>EW 00103</b> Taekwondo <b>EW 00203</b> Karate Do <b>EW 00303</b> Competitive Silat <b>EW 00403</b> Gayung Fatani Silat <b>EW 00503</b> Silat Sepring 12 <b>EW 00603</b> Silat Cekak <b>EW 00703</b> Shorinji Kempo Self Defence

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	<b>EJ15201</b> Brassband II <b>EJ25301</b> Brassband III  <b>Siswa Siswi Pertahanan Awam (SISPA)</b>  <b>EV10101</b> SISPA I <b>EV10201</b> SISPA II <b>EV20301</b> SISPA III <b>EV20401</b> SISPA IV  <b>Pasukan Latihan Pegawai Simpanan (PALAPES LAUT)</b>  <b>EL10101</b> PALAPES LAUT I <b>EL10201</b> PALAPES LAUT II <b>EL20301</b> PALAPES LAUT III <b>EL20401</b> PALAPES LAUT IV <b>EL30501</b> PALAPES LAUT V <b>EL30601</b> PALAPES LAUT VI  45					

**Note :** The \* mark represents that the course is only taught at UMSKAL and all courses are subjected to changes