

# CENTRE FOR CO-CURRICULUM AND STUDENT DEVELOPMENT

## CO-CURRICULAR COURSES OFFERED

Course Structure by Component	Uniform and Rescue Unit	Leadership and Community Services	Art and Culture	Sports and Recreation	Business, Agrotech and Technology	Marital Arts
<p><b>University Core Course (Hour)</b></p>	<p><b>Reserved Officers Training Unit</b></p> <p><b>ED10101</b> PALAPES DARAT I  <b>ED10201</b> PALAPES DARAT II  <b>ED20301</b> PALAPES DARAT III  <b>ED20401</b> PALAPES DARAT IV  <b>ED30501</b> PALAPES DARAT V  <b>ED30601</b> PALAPES DARAT VI</p> <p><b>Reserved Officers Training Unit (AIRFORCE) *</b></p> <p><b>EU10101</b> PALAPES UDARA I  <b>EU10201</b> PALAPES UDARA II  <b>EU20301</b> PALAPES UDARA III  <b>EU20401</b> PALAPES UDARA IV  <b>EU30501</b> PALAPES UDARA V  <b>EU30601</b> PALAPES UDARA VI</p> <p><b>Voluntary Police Unit</b></p> <p><b>EP10101</b> SUKSIS I  <b>EP10201</b> SUKSIS II  <b>EP20301</b> SUKSIS III  <b>EP20401</b> SUKSIS IV  <b>EP30501</b> SUKSIS V  <b>EP30601</b> SUKSIS VI</p> <p><b>UMS SELF-MOTIVATIONAL COURSE (UMS SEJATI)</b></p> <p><b>EJ 11101</b> Bencana Alam I  <b>EJ11201</b> Bencana Alam II  <b>EJ21301</b> Bencana Alam III  <b>EJ12101</b>                      Bomba &amp; Penyelamat I  <b>EJ12201</b>                      Bomba &amp; Penyelamat II  <b>EJ22301</b>                      Bomba &amp; Penyelamat III  <b>EJ13101</b> Paramedik I  <b>EJ13201</b> Paramedik II  <b>EJ23301</b> Paramedik III  <b>EJ14101</b> Kembara I  <b>EJ14201</b> Kembara II  <b>EJ24301</b> Kembara III  <b>EJ15101</b> Brassband I  <b>EJ15201</b> Brassband II  <b>EJ25301</b> Brassband III</p>	<p><b>EK 00103</b>                      Institutional and Communal Interaction (INTERIM)</p> <p><b>EK 00203</b>                      Student Organisation and Management</p> <p><b>EK 00303</b>                      Leadership and Motivation</p> <p><b>EK 00403</b>                      Mosque Management</p> <p><b>EK 00503</b>                      Health Promotion (Only for Medical Students)</p> <p><b>EK 00603</b> Orator Arts Skill</p> <p><b>EK 00703</b>                      Public Speaking/Elocution</p> <p><b>EK 00803</b> Survivor</p> <p><b>EK 00903</b> Debate</p> <p><b>EK 01003</b>                      Curriculum Management and Administration</p>	<p><b>EA 00103</b> Angklung  <b>EA 00203</b> Choir  <b>EA 00303</b> Kompang Ensemble  <b>EA 00403</b>                      Theatrical Performance  <b>EA 00503</b> Painting  <b>EA 00603</b> Tradisional Music  <b>EA 00703</b> Modern Music  <b>EA 00803</b>                      Contemporary Nasyid  <b>EA 00903</b> Traditional Nasyid  <b>EA 01003</b>                      Introduction to the Screenplay  <b>EA 01103</b>                      Script writing for Dramas  <b>EA 01203</b> Gamelan Ensemble  <b>EA 01303</b> Sculpture  <b>EA 01403</b> Batik Painting  <b>EA 01503</b> Court Dances  <b>EA 01603</b> Folk Dances  <b>EA 01703</b> Sabah Dances  <b>EA 01803</b> The Art of Khat  <b>EA 01903</b> Stage Design  <b>EA 02003</b>                      Bamboo Instrument Making</p>	<p><b>ES 00103</b> Badminton  <b>ES 00203</b> Netball  <b>ES 00303</b> Basketball  <b>ES 00403</b> Soccer  <b>ES 00503</b> Volleyball  <b>ES 00603</b> Ten-Pin Bowling  <b>ES 00703</b> Lawn Bowling  <b>ES 00803</b> Equestrian  <b>ES 00903</b> Golf  <b>ES 01003</b> Hockey  <b>ES 01103</b> Archery  <b>ES 01203</b> Swimming  <b>ES 01303</b> Scuba Diving  <b>ES 01403</b> Aerobics  <b>ES 01503</b> Fencing  <b>ES 01603</b> Sepak Takraw  <b>ES 01703</b> Squash  <b>ES 01803</b> Softball  <b>ES 01903</b> Cycling  <b>ES 02003</b> Canoeing  <b>ES 02103</b> Boat Sport  <b>ES 02203</b> Rugby  <b>ES 02303</b> Tennis  <b>ES 02403</b> Table Tennis  <b>ES 02503</b> Sailing</p>	<p><b>EB 00103</b> Agro Project  <b>EB 00203</b>                      Food Science Project  <b>EB 00303</b>                      Electronic Maintenance  <b>EB 00403</b>                      Computer &amp; Network Maintenance  <b>EB 00503</b>                      Basic Gardening &amp; Landscaping  <b>EB 00603</b>                      Information Searching Skill  <b>EB 00703</b>                      Introduction to Camera  <b>EB 00803</b> Horticulture  <b>EB 00903</b>                      The Art of Animation  <b>EB 01003</b> Computer Assembly  <b>EB 01103</b>                      Manufacture Using Fiber Glass  <b>EB 01203</b>                      Hydroponics Technology  <b>EB 01303</b>                      Basic Auto Mechanics  <b>EB 01403</b>                      SIFE (Student In Free Enterprise)  <b>EB 01503</b> Robocon</p>	<p><b>EW 00103</b> Taekwondo  <b>EW 00203</b> Karate Do  <b>EW 00303</b> Competitive Silat  <b>EW 00403</b> Gayung Fatani Silat  <b>EW 00503</b> Silat Sepring 12  <b>EW 00603</b> Silat Cekak  <b>EW 00703</b>                      Shorinji Kempo Self Defence</p>

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	<p style="text-align: center;"><b>Siswa Siswi Pertahanan Awam (SISPA)</b></p> <p><b>EV10101</b> SISPA I  <b>EV10201</b> SISPA II  <b>EV20301</b> SISPA III  <b>EV20401</b> SISPA IV</p> <p style="text-align: center;"><b>Pasukan Latihan Pegawai Simpanan (PALAPES LAUT)</b></p> <p><b>EL10101</b> PALAPES LAUT I  <b>EL10201</b> PALAPES LAUT II  <b>EL20301</b> PALAPES LAUT III  <b>EL20401</b> PALAPES LAUT IV  <b>EL30501</b> PALAPES LAUT V  <b>EL30601</b> PALAPES LAUT VI</p> <p style="text-align: center;"><b>45</b></p>					

**Note : The \* mark represents that the course is only taught at UMSKAL and all courses are subjected to changes**